



Ingredients

150g artichoke hearts,
10 cherry tomatoes, halved,
150g rocket lettuce
150g canned tuna chunks
½ red onion, sliced thinly,
¼ cup parmesan cheese, shaved,

Dressing

1 tablespoon extra virgin olive oil,
1 tablespoon lemon juice,
1 tablespoon balsamic vinegar,
Salt & cracked pepper, to taste
1 tablespoon mint



How to Prepare

Combine all salad ingredients in a bowl.
Add dressing, and mix well.

Serves 4

