

Artichoke, Radicchio & Fennel Salad with Pomegranate



R & J Mazza
GLOBE ARTICHOKES

Ingredients

2 cups baby mixed salad leaves,
1 radicchio lettuce with outer leaves removed, thinly shredded
1 fennel, thinly sliced
100g yellow cherry tomatoes
100g artichoke hearts, sliced
1 small red onion, thinly sliced
¼ cup pomegranate seeds

Dressing

1 tablespoon olive oil
1 tablespoon light French dressing
1 tablespoon lemon juice
Salt to taste



How to Prepare

1. Place all ingredients in a large bowl.
2. Mix dressing ingredients in a small bowl. Pour over salad mixture and toss gently.

Serves 6-8

